

Move For Life

Term 1

TAG Sports is a unique sports program exclusively crafted by The Atlantis Group. It has been developed using the principles from SportAUS and the Physical Literacy Framework. By integrating TAG Sports into our weekly programs across all our OSCHC and Early Learning services, we will lay the groundwork for a healthy future for our children and a lifetime of vitality.



	Monday 2 nd February	Tuesday 3 rd February	Wednesday 4 th February	Thursday 5 th February	Friday 6 th February
Week 1			TAG SPORTS	TAG SPORTS	
			Athletics	Athletics	
Week 2	Monday 9 th February	Tuesday 10 th February	Wednesday 11 th February	Thursday 12 th February	Friday 13 st February
			TAG SPORTS	TAG SPORTS	
			Athletics	Athletics	
Week 3	Monday 16 th February	Tuesday 17 th February	Wednesday 18 th February	Thursday 19 th February	Friday 20 th February
			TAG SPORTS	TAG SPORTS	
			Athletics	Athletics	

How to Enrol: Booking your child in for TAG Sports is as simple as ensuring they are booked into after school care on the designated days.

Exclusive to The Atlantis Group

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Week 4

Monday 23 rd February	Tuesday 24 th February	Wednesday 25 th February	Thursday 26 th February	Friday 27 th February
		TAG SPORTS Skipping	TAG SPORTS Skipping	

Week 5

Monday 2 nd March	Tuesday 3 rd March	Wednesday 4 th March	Thursday 5 th March	Friday 6 th March
		TAG SPORTS Skipping	TAG SPORTS Skipping	

Week 6

Monday 9 th March	Tuesday 10 th March	Wednesday 11 th March	Thursday 12 th March	Friday 13 th March
		TAG SPORTS Skipping	TAG SPORTS Skipping	

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Week 7	Monday 16 th March	Tuesday 17 th March	Wednesday 18 th March	Thursday 19 th March	Friday 20 th March
			TAG SPORTS	TAG SPORTS	
			Tennis	Tennis	
Week 8	Monday 23 rd March	Tuesday 24 th March	Wednesday 25 th March	Thursday 26 th March	Friday 27 th March
			TAG SPORTS	TAG SPORTS	
			Tennis	Tennis	
Week 9	Monday 30 th March	Tuesday 31 st March	Wednesday 1 st April	Thursday 2 nd April	Friday 3 rd April
			TAG SPORTS	TAG SPORTS	
			Tennis	Tennis	

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